

KS3 RSE PSHE



The purpose of the curriculum is to teach and cover thetopicsof:

- Families
- Respectful Relationships, including Friendships
- Online and the Media
- Being Safe
- Intimate and Sexual Relationships
- Mental Wellbeing
- Internet Safety and Harms

- Healthy Eating
- Drugs, AlcoholandTobacco
- H e a Ith and Prevention
- B a s ic First Aid
- C hanging AdolescentBodies
- P h ysical HealthandWellbeing

Our Core Values

Conviction:

To develop an understanding of the world around usgrowfromour knowledge

Determination:

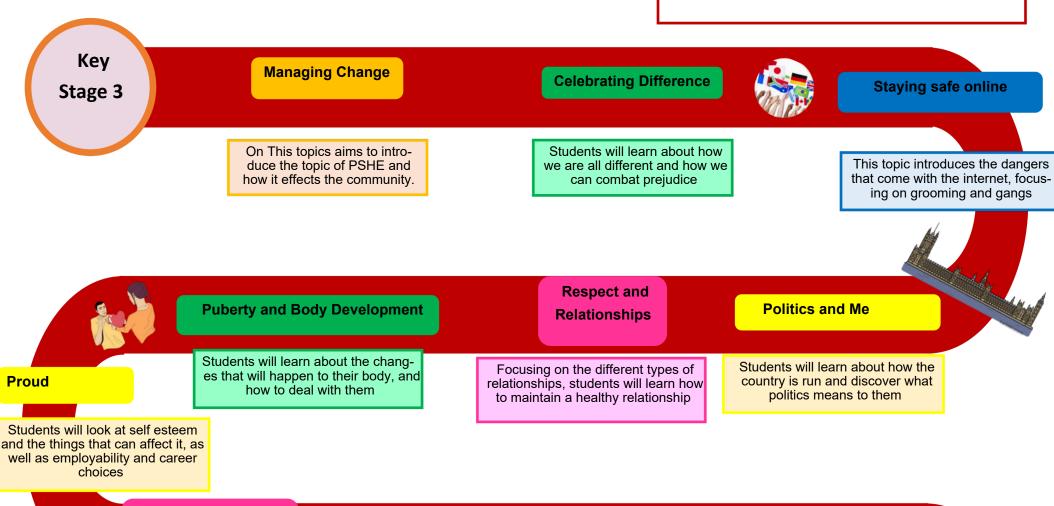
To challenge ourunderstanding of the world and see other points of view.

Reflection:

Reviewourunderstanding and understand why thethingsweare learningareimportant

Amb itio n:

To use our knowledge to oursandothersbenefits.



Physical Health and Mental Wellbeing

Dangerous Society

Law, crime and Society



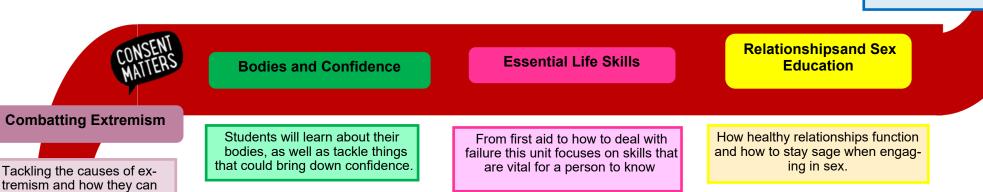
This topic focuses on how students can take care of their body and mental health, and the things that may cause distress

Looking at the dangers in society both online and off, ranging from drugs to grooming to county lines

Focusing on laws, why we have them , the prison system, and community living

An introduction to the LGBTQA+ community, looking at the effects of homophobia and transphobia.

LGBTQA+ Explored



Sex and Consent

be identified and combatted

Students will learn about proper consent and when it can and cant be given, as well as the law involved

Legal and Illegal Drugs

Contraception and STI's

Focusing on the education around drugs more than prevention, this unit aims to explain drug classification and the effects of addiction

Students will learn about safe sex and how to prevent STI's and how to use contraception After completing KS3 PSHE students will move onto KS4 RSE/PSHE