



The Beauty Room

Newsletter ~ 20th March 2023

Inspiring, active, purposeful learning



Extra Curricular Activity

The Hair & Beauty sessions are being held on Wednesday afternoons, 14.45—15.30.

If you would like to join this group, please speak to Miss Goode or your coach, so we can make the necessary arrangements.



SEPHORA

Has landed in the UK!!!

A one stop shop for all your favorite brands.



DRUNK ELEPHANT™

Charlotte Tilbury

MAC

MORPHE

Post 16—Thinking of going to college after Year 11?

Here are just a few of the possible courses you could take up at South Essex College:

- Women's and Men's Hairdressing Level 2 Diploma
- Hairdressing Levels 1—3 Diploma's
- Hair & Media Make-up Level 2 Diploma
- Theatrical Media Hair & Make-up Level 3 Diploma

If you need any advice or have a question, please speak to a staff member.



Tip of the Week

SPF

What is SPF?

SPF stands for Sun Protection Factor. Its more commonly called sunscreen.

Sunscreen is a cream or lotion that is rubbed into the skin to help protect it from the suns UV rays.

Most people will use sunscreen when they're on holiday or if the weather is particularly hot. However, our skin needs to be protected from the suns UV rays on a daily basis, even in winter.

Different skin tones will have different levels of tolerance to the sun. While fairer skin is at more risk of burning, all skin tones need to protect their skin from heat damage.

The two main concerns from being in the sun are:

- Skin ageing
- Skin cancer

You should try and get into the habit of wearing sunscreen every day and all year round.

Sunscreen is given a sun protection rating, for example, SPF15, SPF30 etc. The higher the number, the higher the protection.

Using an SPF30 to SPF50 should be your aim, and the sooner you start using SPF, the better your skin will be as you get older

Key Words:

- ◇ **SPF (sun protection factor)**
- ◇ **Skin ageing (signs of getting older, fine lines and wrinkles)**
- ◇ **Skin cancer (a disease caused when abnormal cells divide in an uncontrolled way)**

Staff Share:

This week's staff member is, Mrs White, English Teacher.

I absolutely love Alien perfume! It's gorgeous! The smell lasts all of the working day and lots of people comment positively on the fragrance... it's my fav!

I also love Aveeno products - mainly their hand cream. It's the only one that I've found that seems to help sooth the dry skin and make my hands feel hydrated and comfortable



Boots

- ◇ Save up to 15% on selected fragrances.
- ◇ Premium Beauty Event—Save up to 25% on selected products
- ◇ 1/2 price on NEW Elvive Bond Repair for damaged hair

